



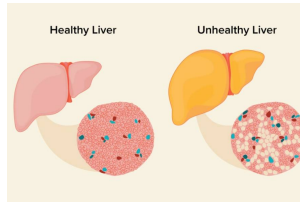
Fatty Liver Disease

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Best Comprehensive Liver Care, Treatment

Kaizen Liver Care

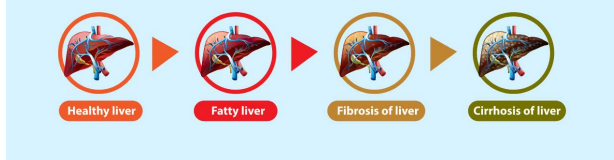
Suffering from liver disease and looking for the **best liver specialist in Pune**? Then you have come to the right place. The Department of the **"Kaizen Liver Care"** at **Kaizen Gastro Care** offers advanced services for comprehensive management of complex liver and hepato-pancreato-biliary diseases in both adults and children. **Kaizen Gastro Care expert gastroenterologist Dr. Vikrant Kale** and team provide a complete spectrum of treatments ranging from every small liver disease to liver cancer care under one roof.



Our unit is well-equipped with state-of-the-art facilities and the latest technology to provide the most comprehensive care, precise diagnosis, and a patient-centric treatment plan to treat adult and pediatric patients with liver diseases. **Kaizen Gastro Care** is one of the best places for different **liver disease treatment in PCMC, Pune** which includes alcoholic liver disease, Fatty liver disease, **Hepatitis B & Hepatitis C**.

Read on as Our **Kaizen Liver specialist** explores the fatty liver disease, symptoms, and causes of these conditions, and why you might need to see one of our **Liver specialists in Pune**. If fatty liver disease is affecting your quality of life, book an appointment today with our **Hepatologist & Liver Specialist in PCMC, Pune**.

STAGES OF LIVER DISEASES



What is Fatty Liver disease?

Fatty Liver Disease is a condition in which fat builds up in your liver. It is also called "hepatic steatosis". A healthy liver contains a small amount of fat. It becomes a problem when fat reaches 5% to 10% of your liver's weight. If too much fat in your liver can cause liver inflammation, which can damage your liver and create scarring. In severe cases, this scarring can lead to liver failure. Fatty Liver disease can consist of two types i.e.

01

Alcoholic fatty Liver disease:

Alcoholic fatty liver disease can lead to the intake of excessive alcohol.

02

Non-Alcoholic fatty Liver disease (NAFLD):

Non-Alcoholic fatty liver disease is a medical condition wherein excess fat gets deposited in the liver. This deposition of fat is not caused by heavy alcohol consumption. An unhealthy diet and lack of physical activity are the two most controllable factors responsible for fatty liver disease.

What causes Fatty liver disease?

Experts and Hepatologists do not fully understand why some people have fatty liver disease and someone not. They do know that it is more common with certain conditions. These conditions include:

- ☒ Obesity
- ☒ Type 2 diabetes and prediabetes
- ☒ High lipid disorders
- ☒ Insulin resistance
- ☒ Hepatitis C
- ☒ Rapid weight loss

What are the symptoms of fatty liver disease?

Most people with fatty liver disease have no symptoms until the disease progresses to cirrhosis of the liver. If you do have symptoms, they may include:

- ☒ Abdominal pain or a feeling of fullness in the upper right side of the abdomen (belly).
- ☒ Nausea, loss of appetite, or weight loss.
- ☒ Yellowish skin and whites of the eyes (jaundice).
- ☒ Swollen abdomen and legs (edema).
- ☒ Extreme tiredness or mental confusion.
- ☒ Weakness.

GI SERVICES WE PROVIDE

- > Acidity Treatment
- > Abdominal Pain
- > Constipation
- > Liver Cirrhosis
- > Hepatitis
- > Pancreatitis
- > Gallstones Treatment
- > Swallowing Disorders
- > Inflammatory bowel disease
- > Irritable bowel syndrome
- > Ulcerative Colitis Treatment
- > Crohn's Disease Treatment
- > Fatty Liver Disease
- > Gallbladder Polyps
- > Jaundice Treatment
- > Stomach Ulcers Treatment
- > Achalasia

Name:

Email:

☒ Mobile Number

☒ WhatsApp No:

Online Consultation for

Describe your problem:

☐ I'm not a robot 

100% Solution for all GASTRO DISEASES



If you notice any of the symptoms, you must visit a **Kaizen Liver Specialist in PCMC, Pune** at the earliest. The fastest assessment and subsequent treatment will help you to reduce the risk of [liver cirrhosis](#).

How to diagnose fatty Liver disease at Kaizen Gastro Care?

You might only find out you have a fatty liver when it's diagnosed during tests for another health problem. Dr. Vikrant Kale first performs the physical exam and some tests to identify fatty liver disease. The Diagnosis of the fatty liver disease includes:

01

Physical Examination:

To check for liver inflammation, Dr. Vikrant Kale may palpate or press on your abdomen. If your liver is enlarged, they might be able to feel it.

02

Blood Tests:

Fatty liver disease is diagnosed after blood tests show elevated liver enzymes.

03

Imaging Test:

If the liver enzymes are shown in the blood tests then our experts use one or more of the following imaging tests to check for excess fat or other problems with your liver.

04

FibroScan:

It is specialized ultrasound sometimes used instead of a liver biopsy to find out the amount of fat and scar tissue in the liver.

05

Liver Biopsy:

A liver biopsy is considered the best way to determine the severity of the liver disease. This test can help determine whether you have fatty liver disease and liver scarring.

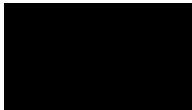
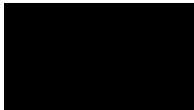
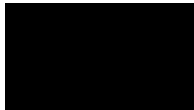
How Kaizen Gastro Care treats Fatty Liver Disease?

We know that, currently, **No medications have been approved to treat fatty liver disease**. At Kaizen Gastro Care our experts focus on helping you control factors that contribute to the condition. They also recommend making lifestyle changes that can significantly improve your health.

Lifestyle changes:

- **Lose weight:** If you're overweight or obese, reduce the number of calories you eat each day and increase your physical activity to lose weight.
- **Eating a healthy diet.** Eat a healthy diet that's rich in fruits, vegetables, and whole grains, and keep track of all calories you take in.
- **Exercise Regularly:** Aim for at least 30 minutes of exercise most days of the week. If you're trying to lose weight, you might find that more exercise is helpful. But if you don't already exercise regularly, get your doctor's OK first and start slowly.
- **Control your diabetes.** Follow your doctor's instructions to stay in control of your diabetes. Take your medications as directed and closely monitor your blood sugar.

Watch Our Videos:



Frequently Asked Question (FAQ):

What is the cost of the fatty liver disease treatment in PCMC, Pune?

The cost of the fatty liver disease treatment at Kaizen Gastro Care, PCMC, Pune depends upon the diagnosis and treatment suggested by experts. The average cost of fatty liver disease ranges from Rs 2000 to Rs 8000.

Who is the best doctor for fatty liver Disease treatment in Pune?

How to prevent fatty liver disease?

Can fatty liver damage be repaired?

Can fatty liver disease be reversed?

What happens if I ignore fatty liver disease?

How does Kaizen Gastro Care help in fatty liver disease conditions?



WHY KAIZEN GASTRO CARE



EXPERIENCED & EXPERT GASTROENTEROLOGISTS



PATIENTS SATISFACTION



FULL-SPECTRUM OF GASTRIC CARE



EXPERTISE IN DIAGNOSIS



SPECIALIZED CARE



ADVANCED TECHNOLOGY AND IMAGING CAPABILITIES

Kaizen Experts Videos:





बराब न पीने के बावजूद भी मुझे फैटी लिवर क्यों है?

जाने इसकी वजह हमारे एक्सपर्ट से

Request a Call Back:

Dr. Vikrant Kale & Dr. Samrat Jankar at Kaizen Gastro Care team of highly specialized doctors offer trusted medical advice and expert private care for a wide range of Liver disease care, including fatty liver disease to liver cancer. Don't hesitate to get in touch with our best liver specialist in PCMC, Pune if you're experiencing symptoms of any liver disease. For more information about our comprehensive treatment options, or to **request an appointment** with the best Liver Specialist in Pune call **97 6363 5252**

Contact Info

09763635252

appointment@
kaizengastrocare.com

Mon-Sat: 9 AM - 1 PM & 5 PM - 9 PM

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Costa Rica society, Wakad, Pune -
411057



GI Services

> Acidity Treatment > Abdominal Pain

> Constipation > Liver Cirrhosis

> Hepatitis > Pancreatitis

> Gallstones > Swallowing

Treatment Disorders

> Inflammatory > Irritable bowel

bowel disease syndrome

> Ulcerative Colitis > Crohn's Disease

Treatment Treatment

> Fatty Liver > Gallbladder Polyps

Disease > Jaundice

Treatment Treatment

> Stomach Ulcers > Achalasia

Treatment Treatment

GI Surgeries

> Hernia Surgery in Pune

> Gallbladder Removal Surgery

> Laparoscopic Rectopexy

> Piles/Hemorrhoids

> Pilonidal Sinus

> Bariatric Surgery

> HPB Surgery

> Stomach Cancer

> Esophageal Cancer

> Liver Cancer

> Laparoscopic Surgery

> Appendix Removal Surgery

> Diagnostic Laparoscopy

> Gastric reflux (GERD) Surgery

> Fistula

> Colorectal Surgery

> Appendix Surgery

> Abdominal Wall Reconstruction

> Colorectal Cancer

> Pancreatic Cancer

> Gall Bladder Cancer

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